

OCTOBER 2023

Oak Bluffs School

Monday	Tuesday	Wednesday	Thursday	Friday
Scrambled eggs w/ Cheese, bacon & toast Fresh fruit	Bagel, sausage, Egg & cheese sandwich Fresh fruit	Scrambled eggs w/ Cheese, sausage & Toast Fresh fruit	Egg McOB Egg, cheese & bacon on English muffin Fresh fruit	No School Professional Development Day
No School Professional Development Day	Bagel, sausage, Egg & cheese sandwich Fresh fruit	Scrambled eggs w/Cheese, sausage & Toast Fresh fruit	Egg McOB Egg, cheese & bacon on English muffin Fresh fruit	Cereal, muffin, Cinnamon bun, yogurt OJ & milk Fresh fruit
Scrambled eggs w/ Cheese, bacon & toast Fresh fruit	Bagel, sausage, Egg & cheese sandwich Fresh fruit	Scrambled eggs where the Scrambled eggs where	Egg McOB Egg, cheese & bacon on English muffin Fresh fruit	Cereal, muffin, Cinnamon bun, yogurt OJ & milk Fresh fruit
Scrambled eggs w/ Cheese, bacon & toast Fresh fruit	Bagel, sausage, Egg & cheese sandwich Fresh fruit	Scrambled eggs w/25 Cheese, sausage & Toast Fresh fruit	Egg McOB Egg, cheese & bacon or English muffin Fresh fruit	Cereal, muffin, Cinnamon bun, yogurt OJ & milk Fresh fruit
Scrambled eggs w/ Cheese, bacon & toast Fresh fruit	Bagel, sausage, Egg & cheese sandwich Fresh fruit			

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Only whole grain breads available (WG)

All meals FREE to students through 6/30/24

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